



NEWS RELEASE

For Immediate Release

December 15, 2016

Wide array of snow activities available at Whistler Olympic Park during the Holidays

Whistler, BC: Whistler Olympic Park will have its full range of activities available for the holidays. Early snowfall and cold weather made it possible not only to groom the cross-country ski and snowshoe trails, but also to prepare the extensive tobogganing hill, the baseboarding slope, fat biking trails as well as the biathlon range and the Olympic and beginner ski jumps.

Holiday hours for the snow destination between Squamish and Whistler are 9:00am until 4:30pm weekdays (on Wednesdays until 9:00pm for night skiing) and 8:30am until 4:30pm on weekends. The Park is open **daily**, including Christmas Day, Boxing Day and New Year's Day. A **shuttle** is offered daily and on Wednesday nights from Whistler Village (reservation required).

While the Olympic facility is known for its cross-country ski trails, non-skiers of all ages can enjoy the Park in their own way. The **tobogganing** hill is ideal for families who want to play in the snow, sled and helmet rentals are free with admission to the Park. A bonfire will be lit daily by the hill for marshmallow and wiener roasting (marshmallow kits are available at the Day Lodge restaurant). **Snowshoe** rentals are available for all ages to explore the trails leading through old growth forest and up to breathtaking viewpoints. Those that want to explore the Park even further can rent the brand new **electric assist fat bikes** equipped with snow tires. Bikes are available in adult sizes in the rental shop, and visitors owning a fat bike with snow tires can bring it with them to use on the designated trails. Visitors ages 8 and upwards who are looking for a bit more speed can try **baseboarding**, a hybrid of the sport of skeleton and bodyboarding on snow which will be offered daily between Dec 26 - Jan 1 (subject to snow conditions) on the designated 1,500 metre slope. No prior experience is required, bookings can be made on site.

The Park's signature activities are of course the Olympic sports that are on offer for all ages and abilities. Cross-country skiing and biathlon "Discover" **group lessons for beginners** are offered daily between December 17 and January 2 (Discover Skate 9.30am - 11.00am, Discover Classic 10.30am - 12pm, Discover Biathlon/skiing and shooting 1.00pm - 3.00pm, Experience Biathlon/shooting only 2.00pm and 2.30pm). Private lessons can be booked for individuals or families/groups. An exciting Nordic discipline will be on offer again **with entry-level ski jumping**. All ages can try jumping on the beginner jumps on Wednesday nights, December 21st and 28th

Whistler Olympic Park

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(and every Wednesday until Mar 1, 2017). Participants can bring their own alpine gear and learn the proper technique with the help of professional coaches.

Spectators are welcome when some of Canada's best ski jumpers showcase their sport during the **Ski Jumping Canada Training Camp** from December 28 to January 2. The athletes will train in the morning and in the early afternoon.

More information on all activities and the shuttle is available at www.whistlerolympicpark.com or by phone at 604-964-0060 x 2460.

About Whistler Olympic Park

Whistler Olympic Park (WOP) is operated by Whistler Sport Legacies, a non-profit organization dedicated to grow sport at three venues: Whistler Olympic Park, the Whistler Sliding Centre, and the Whistler Athletes' Centre. Each facility plays a unique role in inspiring sport excellence for the benefit of athletes, residents, and visitors. WOP was the 2010 Olympic Winter Games venue for competitions in ski jumping, Nordic combined, cross-country skiing and biathlon; and the 2010 Paralympic Winter Games cross-country skiing and biathlon competitions. Today, participation in WOP's recreational activities helps support the growth of Nordic sport in the Sea to Sky corridor. For more information, visit whistlerolympicpark.com

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